



## Liz Mitten Ryan

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## One With The Herd Questions for Media

1. How did your connection with horses and your understanding of natural herd behavior begin?
2. What is your philosophy on horse training and gaining the horse's trust?
3. What is the Parelli Method of training that you describe and picture in your book, "One With the Herd?"
4. What kinds of unique training methods have you developed?
5. Is there a pecking order in your herd? What is it?
6. What can you tell us about touch and body language around horses?
7. How can you tell what a horse is feeling?
8. How are you different than other equine communicators like Mark Rashid, Carolyn Resnick and John Lyons?
9. How have your horses guided you spiritually? Specifically, how have they transformed the way you see the world?
10. How did you discover that horses have the power to heal? What was the turning point for you?
11. Tell us about your Equinistry Retreats at Gateway 2 Ranch and the kinds of hands-on activities with horses you employ at the retreats.
12. What is the one big thing you want readers to take away from reading your books?
13. Tell us about the documentary "One With the Herd" inspired by your book." How did that come about?