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Synopsis of One With the Herd by Liz Mitten Ryan

This exquisite coffee table book gives readers a rare glimpse into the enlightened journey of artist Liz Mitten Ryan who decided to leave the busyness of city life and relocate with her architect husband and their herd of eleven semi-wild horses to a remote 320-acre ranch in British Columbia. For several months they lived in a simple and spartan wall tent. Liz was often alone and free to explore this magical property, to follow and commune with the horses, and to learn their secrets of communication and the connections they have with all of life. Part memoir and part photographic essay, this deeply personal story contains journal entries from Liz's experience and is beautifully illustrated with dozens of her paintings. Ultimately, *One With the Herd* reveals her enquiry into the essence of life and her discovery of what it means to forge a new life in nature, living a higher consciousness that unites all.